

Certificate in Adolescent Health and Counselling (CAHC) Programme  
(July 2023 Session)  
ONLINE ACADEMIC COUNSELLING – Head Quarter, SOHS, IGNOU  
(Oct-Nov 2023)  
For Two Courses: CNSAH-001 and CNSAH-002

Tentative Online Counseling session schedule 29/09/2023 to 12/11/2023 through Google meet

<b>Date/Time</b>	<b>Course, Block and Unit</b>	<b>Date/Day</b>	<b>Course, Block and Unit</b>
29/09/2023 (3 to 5 pm)	<b>CNSAHL-001</b> Practical Activities and Case Study	15/10/2023 (10:30am to 12:30 pm)	<b>CNSAH-002</b> , Block- 2 Unit – 3 Stress
04/10/2023 (3 to 5 pm)	<b>CNSAH-001</b> , Block-1	18/10/2023 (3 to 5 pm)	<b>CNSAH-002</b> , Block- 2
05/10/2023 (3 to 5pm)	<b>CNSAH-001</b> , Block 2	29/10/2023 (10:30am to 12:30 pm)	<b>CNSAH-002</b> , Block-2 Unit – 4 Depression and Suicide
07/10/2023 (10:30am to 12:30 pm)	<b>CNSAH-001</b> , Block 4	30/10/2023 (3 to 5 pm)	<b>CNSAH-002</b> , Block-2
08/10/2023 (10:30am to 12:30 pm)	<b>CNSAH-002</b> , Block-2 Unit – 1 Adjustment and Conduct	05/11/2023 (10:30am to 12:30 pm)	<b>CNSAH-002</b> , Block-3 Unit – 1 RTI/STI And HIV & AIDS Unit – 2 Sexual Harassment /violence
13/10/2023 (3 to 5 pm)	<b>CNSAH-002</b> , Block-1	07/11/2023	<b>CNSAH-002</b> , Block-3
14/10/2023 (10:30am to 12:30 pm)	<b>CNSAH-002</b> , Block-1	08/11/2023	<b>CNSAH-002</b> , Block-4
<i>Students Topic Discussion</i>	<i>09/11/2023, 10/11/2023 5pm to 7pm</i>	<i>Students Topic Discussion</i>	<i>11/11/2023, 12/11/2023 5pm to 7pm</i>
<b>Total hours</b>	<b>18 hours</b>		<b>18 hours</b>