

INDRAGANDHI NATIONAL OPEN UNIVERSITY, NEWDELHI
 STUDY CENTRE - 43052, SREE SEVUGAN ANNAMALAI COLLEGE, DEVAKOTTAI
 SCHEDULE FOR THE CONDUCT OF CERTIFICATE COURSE IN FOOD AND NUTRITION
 FOR JANUARY 2016 SESSION

Date	Day	Session	CFN programme - Topic	Staff in-charge
05.03.2016	Saturday (FN)	1	Introduction, Food Groups, Nutrients & their functions	GPR
06.03.2016	Sunday (FN)	2	Food choice and Preparation	MMR
12.03.2016	Saturday (FN)	3	Process of Food Selection & Preparation I	RN
13.03.2016	Sunday (FN)	4	Process of Food Selection & Preparation II	RN
19.03.2016	Saturday (FN)	5	How to meet the Nutrition needs of the Body ?	KTR
20.03.2016	Sunday (FN)	6	Assimilation of Food & its Effects on Growth & Activity	KTR
02.04.2016	Saturday (FN)	7	Nutrition of Mother & Child	MVL
03.04.2016	Sunday (FN)	8	Nutrition from School Age to Old Age	MVL
12.04.2016	Tuesday (AN)	9	Nutritional Status, Food Habits & Food Misconceptions	RSK
15.04.2016	Friday (AN)	10	Food Budgeting, Agricultural Production & Distribution	MMR
16.04.2016	Saturday (FN)	11	Government's Policies & Programmes	RSK
17.04.2016	Sunday (FN)	12	Protection, Safety & Consumer Education	RSK
20.04.2016	Wednesday (AN)	13	Lab	RSK
21.04.2016	Thursday (AN)	14	Lab	RSK
22.04.2016	Friday (AN)	15	Audio Visual	RSK
25.04.2016	Monday (AN)	16	Audio Visual	RSK
26.04.2016	Tuesday (AN)	17	General Discussion	RSK

S. CHINTHAMANI VASTHIRANI
 CENTRE CO-ORDINATOR